

## SOCIAL HISTORY

Please indicate beside each activity whether you engage in it:  
OFTEN= "O" SOMETIMES= "S" NEVER= "N"

- \_\_\_\_\_ Vigorous Exercise
- \_\_\_\_\_ Moderate Exercise
- \_\_\_\_\_ Alcohol Use
- \_\_\_\_\_ Drug Use
- \_\_\_\_\_ Tobacco Use
- \_\_\_\_\_ Caffeine
- \_\_\_\_\_ High Stress Activity

- \_\_\_\_\_ Family Pressures
- \_\_\_\_\_ Financial Pressures
- \_\_\_\_\_ Other Mental Stresses
- \_\_\_\_\_ Other (Specify) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## FAMILY HISTORY

Please review the below-listed diseases and conditions and indicate those that are current health problems of the family member. Leave blank those spaces that do not apply. Circle your answers if your relative lives around this locality, as some hereditary conditions are affected by similar climate.

CONDITION	FATHER	MOTHER	SPOUSE	BROTHER(S)		SISTERS		CHILDREN	
	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]	Age [ ]
Arthritis									
Astluna-Hav Fever									
Back Trouble									
Bursitis									
Cancer									
Constipation									
Diabetes									
Disc Problem									
Emphysema									
Epilepsy									
Headaches									
Heart Trouble									
High Blood Pressure									
Insolunia									
Kidney Trouble									
Liver Trouble									
Migraine									
Nervousness									
Neuritis									
Neuralgia									
Pinched Nerve									
Scoliosis									
Sinus Trouble									
Stomach Trouble									
Other:									

If any of the above family members are deceased, please list their age at death and cause: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_